



## Aunt Sukey's Choice

Skill level: Intermediate

Cutting method: rotary cutting

Fabrics: 2 colors -  
light and dark

Cutting: use the  
chart below for the  
size block you need.



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Quantity to cut	3" block	6" block	9" block	12" block
Light:				
12	1" x 1"	1.5" x 1.5"	2" x 2"	2.5" x 2.5"
8	1" x 1.5"	1.5" x 2.5"	2" x 3.5"	2.5" x 4.5"
Dark:				
12	1" x 1"	1.5" x 1.5"	2" x 2"	2.5" x 2.5"
4	1" x 1.5"	1.5" x 2.5"	2" x 3.5"	2.5" x 4.5"
1	1.5" x 1.5"	2.5" x 2.5"	3.5" x 3.5"	4.5" x 4.5"

*Block size refers to finished size.*



Use a scant 1/4-inch seam allowance unless otherwise specified.

### Step 1: Corner 3-Patch Units

Sew a small light square to a small dark square. Press seam toward the dark fabric. Position this unit with the light square nearest you. Sew a light rectangle to this unit. Press seam away from the rectangle. This might seem unnatural, but it's necessary to get later seams to nest properly. The pressing chart on page 5 shows how it all works together.

Make 3 more of these units.



### Step 2: Flying Geese Units

Draw a diagonal line on the back of the remaining small light and dark squares.



Place a dark square on the end of a light rectangle and sew on the line. Trim 1/4 inch from stitching. Repeat for remaining light rectangles.



Repeat this process using light squares on dark rectangles.

Repeat these steps for the other end of the 8 rectangles to finish the flying geese units.



### Step 3: Arrow Unit

When two flying geese units sewn in opposite colorways are sewn together, they make something that looks like an arrow point. Sew a light flying geese unit to a dark flying geese unit as shown below. Make four of these units.



### Step 4: Center Row

Sew an arrow unit to the left and right sides of the large dark square. Press the seams toward the square.



### Step 5: Top and Bottom Rows

Sew a 3-patch unit to the left and right sides of the two remaining arrow units. You will have two rows that look like the one pictured below. Press the seams toward the 3-patch units.



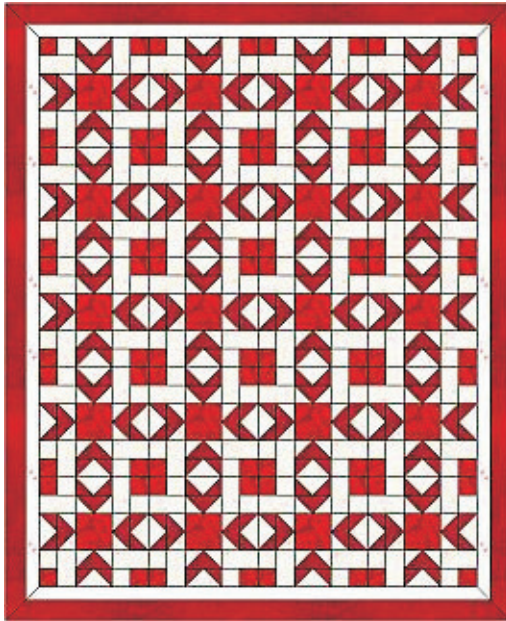
### Step 6: Sew the Rows Together

Pin the top and bottom rows to the center row. If the seams don't match properly, make adjustments now by restitching the row that seems to need it the most. When the seams nest together well, sew the rows together. Press new seams in the direction they lay the best.

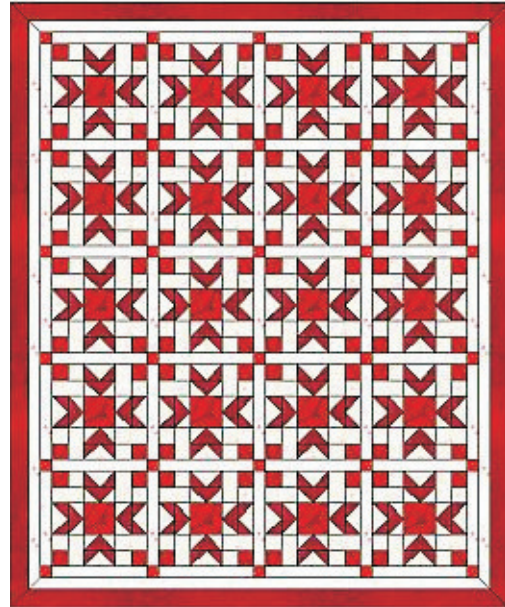
Give the entire block a good press. Measure the block and trim if needed to square it up to correct size.



Here's what this block looks like in some basic setting layouts:

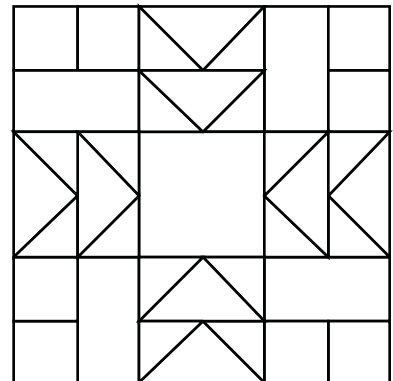
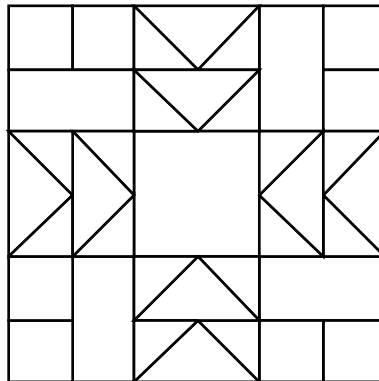
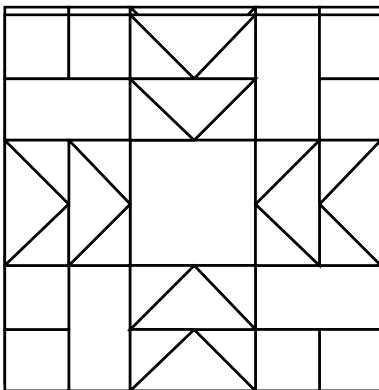


without sashing



with sashing and cornerstones

Use the diagrams below to try your own color palettes.



## Pressing Chart

Press seams in the direction indicated by the brackets.  
Press the last two row seams in the direction that works best for you.

